

## Brentwood Senior Citizens Club, Inc. Newsletter

In partnership with the City of Brentwood Parks and Recreation Department

A newsletter of programs, activities, and community services available to the older adult residents of Brentwood,  
Bethel Island, Byron, Knightsen, Oakley, and Discovery Bay.

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## DEAR FRIENDS

By Audrey Formosa

My name is Audrey Formosa. I am a new member to the Brentwood Senior Citizens Club and I have been attending the Advisory/Board Meetings to become familiar with the activities and structure of the organization. My husband and I are also new to the community—1 year; however, we resided in Contra Costa County for many years before leaving in 1986 upon retirement.

Certainly, the biggest shock to us when we moved back to the area was the explosion of the far East County; even though we visited our son in Walnut Creek yearly, we had no idea the extent of the increase. We still thought of Brentwood as

small farms where we got fresh fruit and vegetables in the summer. What a change; and mostly for the betterment of its citizens. It is nice to have supermarkets, medical clinics and stores close by but still have the small town feeling, particularly when you go downtown. Yes, I know we've lost some open space and other pluses that go with living in a village vs. a town because of the growth; however, as seniors, we've been around long enough to know nothing remains stagnant. We've got to move with the times but still make sure by our participation that the decisions being

made will benefit the community.

I guess that's why I became involved with the California Senior Legislature (CSL). I will be giving a talk on CSL in the near future, but to put it succinctly, it is an organization that creates a legislative agenda on issues affecting seniors comprised of 80 Senior Assemblymembers and 40 Senior Senators. It has been a wonderful experience being associated with such dedicated people from all walks of life, and it has certainly kept the grey matter between my ears alert. This is my third year as a Senior Legislator. The first two years I served as a Senior Assemblymember and now as a Senior Senator.  
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