

Brentwood Senior Citizens Club, Inc. Newsletter

In partnership with the City of Brentwood Parks and Recreation Department

A newsletter of programs, activities, and community services available to the older adult residents of Brentwood,
Bethel Island, Byron, Knightsen, Oakley, and Discovery Bay.

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DEAR FRIENDS

By Gene Brown

My name is Gene Brown and I am a Brentwood Senior Citizen Club Member. I would like to go back in time just a little, say around 1953. That was my first visit to the Brentwood community. I liked the town and people that I got acquainted with. The town had a small town look, but there was a lot going on. Later on in life I started calling on food markets in and around Brentwood. Most of the time I would stop at Mountain View Food Center for coffee and donuts and talk with the owner. I told Mr. Rankie when I retired it would be in Brentwood. We love it here. I retired in 1987 and moved to Brentwood in 1991. You know that

not much has changed. We still have a good town atmosphere, people are still friendly even though we are getting larger everyday. I find that if you show people you are willing to love and have compassion for the human race they will meet you half way. I was taught to greet people with a smile and to let them know I care.

In 1999 my wife and I started coming to the Community Center for trips, lunches and just to help out. Then one day someone said they would like to form a Senior Citizen Club, but that it would take a lot of

work to set up Bylaws and elect board members. That was almost two years ago, we now have 200 plus members and we are still growing. When you retire you can't just sit down and do nothing, if you do you will live a very dull life. So come and join all of the seniors at the center and you will find the friendship you are looking for. We miss you when you don't show up or miss two or three meetings. **WE CARE!** Senior Ray gave me an article to read, I would like to pass it on to you.

Lets say it is 6:15 pm and you are driving home—alone of course after an unusually hard day on the job. You're really stressed and upset.
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