



# Brentwood Senior Citizens Club, Inc. Newsletter

A newsletter of programs, activities, and community services available to the older adult residents of Brentwood, Bethel Island, Byron, Knightsen, Oakley, and Discovery Bay

Volume 5 Issue 1

(925) 516-5444

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## *Special points of interest:*

- Brentwood Senior Citizens Club, Inc.
- Trips, Trips, Trips
- The NEW Luncheon Buffets
- AARP Income Tax Help
- Movie Madness Fun

## *Inside this issue:*

- Winter Center Schedule
- Soup, Salad, and Sandwich Luncheon
- C. C. Café, Senior Nutrition Calendar
- Contract Bridge

Dear Friends:

What is this C.C. Café that everyone is talking about? Well, if you're 60 years or older, we are the greatest lunch program in Brentwood. Serving a well balanced nutritious meal for just \$2.00 Not only a fantastic meal but meeting new and interesting people as well as old friends.

We are located at the Brentwood Community Center, the hub of all senior activities and where we are Senior networked to help you find any solution to any problems you may be facing. Why? Because we are here not only to feed you, but to enrich your life.

First timers are treated to a free lunch just to get to know us. So do yourself a favor, call 634-5040 between 9:00 a.m. and 12:00 p.m. Monday through Friday to make a reservation



Happy New Year!

Zel Ayres

East County Nutrition Coordinator

P.S. Don't forget to ask about our Meals on Wheels Program.

THE CITY OF BRENTWOOD HEARING IMPAIRED PHONE NUMBER IS 516-5409