

# for March & April



CONTINUED,

<b>WEDNESDAYS</b>	3:00 p.m. - 4:00 p.m.	East Coast Swing, classes begin 4/1 Tango, classes begin 5/6
<b>THURSDAYS</b>	9:00 a.m. - 1:00 p.m.	<b>C.C. Café Senior Nutrition**</b>
	9:00 a.m. - 12:00 p.m.	Contract Bridge (At the Women's Club)
	10:30 a.m. - 11:30 a.m.	Brown Bag Program (2nd & 4th Thursdays of each month.)
	10:00 a.m. - 11:30 a.m.	Conversational Italian, classes begin 3/26
	9:00 a.m. - 1:00 p.m.	 Open Drop-In Billiards - ongoing
	1:00 p.m. - 4:00 p.m.	 Pinochle Drop-In
	1:00 p.m. - 4:00 p.m.	<b>"Oldies but Goodies"</b> - Crafts & Bingo
<b>FRIDAYS</b>	9:00 a.m. - 1:00 p.m.	<b>C.C. Café Senior Nutrition**</b>
	10:00 a.m. - 12:00 p.m.	Premiers* - Low Impact Exercise
	9:00 a.m. - 1:00 p.m.	 Open Drop-In Billiards - ongoing
	12:30 p.m. - 1:30 p.m.	C.C. Café Special Luncheon (2nd Friday of each month.)
	1:00 p.m. - 2:30 p.m.	Conversational Italian, classes begin 3/27



Denotes programs that require the participant to present a valid Senior Club Activity Card.  
Activity Cards may be purchased at the City of Brentwood Park & Recreation Department., 730 Third Street.

\*Premiers and "Oldies but Goodies" are in partnership with Liberty Adult Education.

\*\*C.C. Café is in partnership with Contra Costa Health Services and the City of Brentwood and is for ages 60+.